

## **Fewa Lake – Stand Up Paddle Boarding - Overview**

Duration : 1 D

Destination : Fewa Lake

Group Size : Any Private Group

Transportation : Tourist Bus

Activity : Rafting

Best Season : All

Accommodation : Hotel

Meals : Breakfast/Lunch/Dinner

## **Fewa Lake – Stand Up Paddle Boarding - Itinerary**

### **Day 1: Pick up from lake side.**

Once picked up from the lakeside area you will be taken to Phewa lake or Begnas lake where the SUP takes place.

### **Day 2: Briefing about the SUP and also they will explain all the safety measures.**

Upon reaching the designated area you will be briefed about the activity thoroughly and also they will explain the safety procedure.

### **Day 3: Return to the lake side area.**

After finishing the SUP activity you will be dropped back to lake side area.

## **Fewa Lake – Stand Up Paddle Boarding - FAQs**

### **1. How much does paddle boarding cost in Pokhara?**

One-hour costs 500NPR, and a second hour costs 700NPR, which seems quite reasonable.

### **2. How safe is stand up paddle boarding?**

Although stand up paddle boarding is generally considered a safe sport, anything that involves water can become inherently dangerous if safe practice isn't followed. Having a safety conscious mind-set before you approach the board and hit the water is a good way to avoid potential dangers once you're out there

### **3. What should you not do when paddle boarding?**

DON'T leave your board dirty. ...

DON'T leave your board exposed to sun. ...

DON'T store your board incorrectly. ...

DON'T drag your board. ...

DON'T transport your board without a bag. ...

DON'T paddle in shallow waters. ...

DON'T forget your fins.

### **4. Why do people love paddle boarding?**

Paddle boarding is relatively easy to learn and most people can be up and paddling within an hour or so. 4. Paddle boarding is a great way to relax and de-stress. Being out on the water can help to clear your mind and give you some time to unwind.

### **5. What are 3 important paddle boarding tips?**

- Know How to Swim. ...
- Practice on Solid Ground First. ...
- Stand to Your Feet in One Fluid Motion. ...

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